

Nuggets For Life®



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Nuggets For Life ~ Earth Day Part 2

So what will you do to honor the Earth, to show her your care and honor her worth? The earth day has passed last week with a blast, though every day's Earth day so let's make it last. There are hundreds more days 'till next Earth day's here, so make it your joy to keep earth day near. How will you do this as life takes over? Well read on my friends find your own four-leaf clover.

This weeks nuggets for life are to continue your good intentions and actions of last week's earth day, every other day this year in small yet potent ways.

Recycle your clothes; get rid of the stuff that clutters your spaces and now say enough! Turn off the water when brushing your teeth, and take cool showers for health and relief. Save on electrical use in your home and unplug devices to spend time alone. Make use of sunshine and nature's fresh scents, hanging your sheets outside makes perfect sense! Lower the thermostat, carpool to work, think of your own ways to make earth year work! Happy national poetry month! Check out www.poets.org for inspiration in your own life.

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